

TOUCH INDIA MINISTRIES PRESENTS...
KNEES 2 WAR TONKAWA, OK
VIRTUAL EVENT
REGISTER BY SATURDAY, APRIL 4
10K, 5K, AND 1 MILE RUN/WALK

PROCEEDS SUPPORT CHILDREN IN INDIA



K N E E S 2 W A R

DATE/ TIME/ PLACE:

Pick your own date, time, and location for your 1 Mile, 5K, or 10K. Walk or run on your own or with your family! You are welcome to make a short video showing your support of Knees 2 War to share on social media! We would love to see you RUN WITH PURPOSE.

REGISTRATION/ FEES: Register online by Saturday, April 4th at www.knees2war.org or by mail to: Knees 2 War, 610 S. Cleveland St. Suite 110A, PMB 208, Enid, OK 73703.

1 mile-\$20

5K-\$30

10K- \$40

T-SHIRTS/ RACE MATERIALS

After Saturday, April 4, 2020, participants will receive t-shirts and other goodies that will be included in their packet. Participants will be given t-shirts and race materials through delivery, pick-up, or mail. Distribution could take up to two weeks.

INFORMATION: Contact race coordinator: info@knees2war.org

Name: Last _____ Address: _____
First _____ City: _____ ST _____ Zip _____
Gender: (circle one) Male Female Phone: (____) _____ - _____
Age: (as of 03/28/20) _____ E-Mail Address: _____
Date of birth: Month ___ Day ___ Yr _____
T-Shirt Size: 3T 5T YS YM YL S M L XL XXL
Race: (circle one) 10K 5K 1 mile
In case of Emergency, call: _____ at phone number: _____

Athlete's Release and Waiver: DO NOT SIGN WITHOUT READING

I understand the nature of the activity of running/volunteering in a 10K/5K/1 mile race. I certify that I am in good health and in proper physical condition to participate in this activity. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the activity. This includes but is not limited to falls, contact with other participants, and effects of weather including cold temperatures, humidity, rain, and the condition of the road or traffic on the course. All such risks are known and understood by me. I have read this release and waiver of liability. I understand these terms and understand that I have given up substantial rights by signing this agreement and have signed it freely. I hereby release, discharge, and promise not to sue Touch India Ministries, race administrators, race sponsors, and all further sponsors, their representatives, or successors from all claims or liability of any kind arising from my participation in this event even if the liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the above groups to use any photograph, motion pictures, video, recordings, or any other record of this event for any legitimate purpose.

Complete and Mail to:

Knees 2 War
610 S. Cleveland St, Suite 110A
PMB 208
Enid, OK 73703

Make Checks Payable to:
Touch India Ministries

OR

Visit www.knees2war.org for more information, to register, or donate.

Athlete's Signature
(or Parent/Guardian of participants under 18)

Date