

Knees 2 War Tonkawa
Saturday, March 29, 2025
5K, 10K, and 1 Mile Results
(52 total participants)

5K Results (17 total participants)

Overall 5K Female Winner
(12 participants)
Jillian Bouse 27:52

12 & Under Female
1st place- Sophia Peck and Caroline Rapp
40:36
2nd place- Millie Arnold 43:36

13-19 Female
1st place- Khloe Evans 31:47:00
2nd place- Addison Steelman 31:47:01
3rd place- Natalie Newland 50:51
4th place- James Fox 54:20

20-29 Female
1st place- Jillian Bouse 27:52

40-49 Female
1st place- Linda Kodesh 30:15

50-59 Female
1st place- Michelle Hutson 44:19
2nd place- Kris Franklin and Christi Hook
54:29

Overall 5K Male Winner
(5 participants)
Reed Frieouf 20:29

13-19 Male
1st place- Reed Frieouf 20:29
2nd place- Ethan Longoria 22:42
3rd place- Creedon Evans 25:15

50-59 Male
1st place- Bart Bouse 26:48
2nd place- Sean Satterfield 37:05

10K Results (2 total participants)

Overall 10K Female Winner
(1 participant)
Carissa Parr 53:38

30-39 Female
1st place- Carissa Parr 53:38

Overall 10K Male Winner
(1 participant)
Chris Lee 53:06

40-49 Male
1st place- Chris Lee 53:06

1 Mile Results (24 total participants)

1st place- AJ Hook 7:25
2nd place- Carly Hill 7:31
3rd place- Ford Frieouf 8:21

Virtual (9 total participants)