

Knees 2 War Tonkawa

Saturday, April 11, 2026

5K, 10K, and 1 Mile Results
(49 total participants)

5K Results (22 total participants)

Overall 5K Female Winner

(13 participants)

Sophie Cather 26:08

20-29 Female

1st place- Sophie Cather 26:08
2nd place- Rachel Means 32:33
3rd place- Audrey Biggoose 37:00
4th place- Briana Hook 51:24

30-39 Female

1st place- Amy Heick 51:55

40-49 Female

1st place- Nikki Zachary 28:09
2nd place- Linda Kodesh 30:43
3rd place- Debra Alvarez 37:29

50-59 Female

1st place- Michelle Hutson 41:57
2nd place- Kris Franklin and Christi Hook
52:29

60-69 Female

1st place- Kathleen Cather 46:33
2nd place- Susan Cornell 58:17

Overall 5K Male Winner

(9 participants)

Jett Boland 21:46

12 & Under Male

1st place- Jett Boland 21:46

13-19 Male

1st place- Ethan Longoria 25:40
2nd place- Ethan Forteh 27:41
3rd place- Joseph Girtman 42:56

20-29 Male

1st place- Jose Sosa Martinez 26:59

30-39 Male

1st place- Ben Hook 22:13

50-59 Male

1st place- Dan Burchel 22:44
2nd place- Sean Satterfield 37:22

60-69 Male

1st place- Michael Cornell 58:17

10K Results (3 total participants)

Overall 10K Female Winner

(2 participants)

Becky Evatt 53:48

20-29 Female

1st place- Jillian Bouse 55:12

40-49 Female

1st place- Becky Evatt 53:48

Overall 10K Male Winner

(1 participant)

Donny Kendrick 58:40

50-59 Male

1st place- Donny Kendrick 58:40

1 Mile Results (13 total participants)

1st place- Reid Frieouf 6:07
2nd place- AJ Hook 7:50
3rd place- Ford Frieouf 8:44

Virtual/Anna (11 total participants)